



SHAMPAN

WELLING

dining menu

# Starters

**SHAMPAN**  
WELLING

## SUNDRIES

### PAPADOMS

£0.85

Plain or masala spiced papadoms

### ASSORTED CHUTNEYS

£0.85

A selection of mango chutney, mint sauce, tamarind sauce, onion salad and mixed pickle

## SEAFOOD

### PRAWN PATHIA ON PUREE

£6.50

Spiced prawns cooked with thick gravy, slightly hot on deep fried thin bread

### SALMON KA TIKKA

£6.95

Chunks of Scottish pink salmon marinated in a rich spicy yoghurt sauce and barbecued in the tandoor

### GARLIC KING PRAWNS

£6.95

Grilled fresh water king prawns with smoked garlic and dill leaves

### PRAWN PAKORA

£6.95

Spiced prawn battered and deep fried

## LAMB

### LAMB TIKKA

£6.50

Pieces of tender 'off the bone' lamb lightly spiced and barbecued in the tandoor

### LAMB SAMOSA

£5.95

Pastry filled with marinated spiced lamb and fresh herbs

### MUGHAL LAMB CHOPS

£6.95

Lamb chops marinated in a spiced yoghurt sauce, barbecued and served with salad and mint yoghurt

## MIX STARTER

### ASSORTED INDIAN HORS D'OEUVRE

£7.50

Chicken tikka, sheek kebab and onion bhajis served with salad

All prices are inclusive of 20% VAT.

## CHICKEN

### CHICKEN TIKKA

£6.50

Pieces of tender 'off the bone' chicken lightly spiced and barbecued in the tandoor

### CHICKEN CHAAT MASALA

£6.50

Shredded chicken lightly spiced with chaat masala spices

### MALAI MURGH KEBAB

£6.50

Chicken breast marinated in cream cheese, finished with mace, cardamom and toasted fennel seeds

## VEGETARIAN

### ONION BHAJI

£5.50

Deep fried spiced onion patties

### VEGETABLE SAMOSA

£5.50

Pastry filled with marinated spiced vegetables and fresh herbs

### PANEER TIKKA

£5.95

Fresh cheese cubes marinated in spices and then grilled in the tandoor

### SPECIAL ALOO CHOPS

£5.95

Spiced potato and mixed vegetables, deep fried with breadcrumbs

## VEGAN

### HARIYALI SPINACH & GREEN KEBAB

£5.90

Tempered spinach/ grated potato and green peas are crushed with tempered cumin ginger and chilli . they are then made into patties, deep-fried and placed on a bed of tossed capsicum and peas

### VEGETABLE SHEEKH KEBAB MOTI SUBZ SEEKH WITH TOASTED TAPIOCA PEARLS

£5.50

Assorted seasonal vegetables fine chopped and tempered with spices before being folded with boiled potatoes, They are then evenly spread on skewer and cooked delicately in the tandoor garnished with tapioca pearls

# Mains

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## LAMB

### LAMB KORAH

£10.95

Tender pieces of lamb prepared with tomatoes, capsicum, onions. Served in a sizzling korahi dish

### BARBECUE LAMB ACHARI

£10.95

Spiced lamb barbecued in the tandoor, served in an achari sauce of tomatoes, ginger, onions and a hint of chilli. Served with salad

### LAMB SALI

£12.95

Tender pieces of lamb tikka cooked with garlic and chilli, served with fresh spinach and a naga bhuna sauce. Very spicy, finished off with a grating of fried potatoes for garnish

## CHICKEN

### SHAMPAN SPECIAL MASALA

£12.95

Chefs own secret recipe – baked whole baby chicken spiced in thick gravy. Served with salad

### CHICKEN JALFREZI

£9.95

Specially prepared hot dish cooked with fresh garlic, green chilli, mixed peppers. Garnished with red chilli flower

### CHICKEN REZELLA

£10.95

Thick diced chicken fillet highly spiced topped with onions, capsicum, fresh garlic paste slow cooked with yoghurt

### BEMISAL

£10.95

A unique smooth dish of spicy tikka of chicken where the smoothness of the buttery tomato sauce is followed by the spicy flavours of brown onions

## SEAFOOD

### TILAPIA FISH MASALA

£11.95

Special fish from the water of Bengal, lightly seasoned with spices and fried in butter then cooked with tomatoes, capsicum and onions

### KERALAN KING PRAWNS

£14.50

Fresh water king prawns marinated with turmeric, green chillies and ginger then simmered in a sauce of onions, curry leaves, mixed spices and coconut milk

### SEA BASS

£14.50

Fillets of seabass marinated in spices before slow grilling. Served over a mélange of colourful peppers, fresh garlic, chickpeas and potato, with a dressing of shatkora sauce

## VEGAN

### CAULIFLOWER MALAI KOFTA/

£12.00

### KURKURE GOBI KE KOFTEY IN METHI MALAI SAUCE

Grated cauliflower is folded with chickpea flour, turmeric, ginger chillies and spices and deep fried forming round dumplings. A silky sauce cooked with reduces onion, tomatoes and finished with coconut cream is served to compliment the crisp and tangy taste of the cauliflower

### CREAMY COCONUT TOFU CURRY / KERELA STYLE TOFU WITH COCONUT RICE

£13.50

Tofu seared in a hot pan is folded in an earthy kerelan style tomato & tamarind sauce with a touch of coconut cream

### TOFO SHASHLICK

£6.90

Marinated Tofo in authentic Indian spices & herbs slow cooked in the tandoor.

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# Shampan Chef's Recommendation

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## **CHICKEN OR LAMB TIKKA MASALA**

**£10.95**

Barbecued chunks of chicken or lamb cooked in a sweet masala sauce prepared with coconuts. Garnished with sliced almonds and cream

## **BUTTER CHICKEN**

**£10.95**

Barbecue chicken first cooked in butter, yoghurt sauce and almond

## **LAMB OR PRAWN JALFREZI**

**£10.95**

Lamb or prawns cooked in a specially prepared hot curry with sliced chilli and mixed peppers. Garnished with red chilli flower

## **GARLIC CHICKEN**

**£10.95**

Marinated chicken with fresh chopped garlic and tomatoes in a medium sauce

## **CHICKEN OR LAMB TIKKA BHUNA**

**£10.95**

Spiced barbecued chicken or lamb garnished thoroughly with onions, capsicum and tomatoes with selected spices

## **BARBECUE MURGH ACHARI**

**£10.95**

Spiced chicken barbecued in the tandoor, served in an achari sauce of tomatoes, ginger, onions and a hint of chilli. Served with salad

## **TANDOORI KING PRAWN JALFREZI**

**£13.95**

King prawns barbecued in the tandoor and then cooked in a specially prepared hot curry with sliced chilli and mixed peppers. Garnished with red chilli flower

## **TANDOORI KING PRAWN KORAHAI**

**£13.95**

King prawns barbecued in the tandoor and then cooked in an authentic sauce with tomatoes, capsicum and onions. Served in a sizzling korhai dish

# Shampan Thalís

## **VEGETARIAN THALI**

**£17.95**

Saag bhaji, aloo gobi, bindi bhaji, broccoli bhaji, onion bhaji and mixed raita. Served with a naan bread and pillau rice

## **NON – VEGETARIAN THALI**

**£21.95**

Tandoori chicken, Sheek kebab, lamb bhuna, chicken tikka Massala, sag bhaji and mixed raita, served with a naan and pilau rice

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# Traditional Dishes

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Our selection of “old favourites”; these dishes are recognised by everyone and have been enjoyed by generations of Indian food lovers. Your choice of dishes can be prepared in ‘The Shampan Way’ with any of the following:

<b>FRESH MIXED VEGETABLES</b>	<b>£7.50</b>	<b>CHICKEN</b>	<b>£9.90</b>
<b>LAMB</b>	<b>£10.50</b>	<b>PRAWNS</b>	<b>£10.50</b>
<b>DUCK</b>	<b>£10.95</b>	<b>KING PRAWNS</b>	<b>£11.95</b>

## **BHUNA**

A thoroughly garnished dish with onions, capsicum and tomatoes with selected spices

## **ROGON JOSH**

Robustly spiced dish with herbs, spices and tomatoes

## **METHI**

Spicy but medium hot, well cooked in a thick sauce with fenugreek and herbs and methi leaves

## **DHANSAK**

Sweet and sour with lentil, green herbs and red pepper. Served with a twist of lemon

## **KORMA**

Mild buttery sauce with ground almonds, garnished with coconut powder and cream

## **MADRAS**

Fairly hot authentic dish from the Madras region

## **VINDALOO**

Very hot spiced curry served with a piece of potato

# Biryani Dishes

## **SHABJI BIRYANI**

**£12.95**

Fresh vegetables cooked with basmati rice and selected aromatic spices.  
Served with a mixed vegetable curry

## **CHICKEN BIRYANI**

**£13.95**

Kolkata style chicken cooked with aromatic spices, layered with basmati rice.  
Served with a mixed vegetable curry

## **LAMB BIRYANI**

**£14.95**

Mumbai masala lamb cooked with aromatic spices, layered with basmati rice.  
Served with a mixed vegetable curry

## **SEAFOOD BIRYANI**

**£16.95**

Mixed seafood cooked with aromatic spices, layered with basmati rice.  
Served with a mixed vegetable curry

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# Shampan Tandoori Specialities

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## **TANDOORI CHICKEN (HALF)**

£9.50

Pieces of 'on the bone' spring chicken marinated in specially selected spices and barbecued in the tandoor. Served with salad

## **CHICKEN/LAMB TIKKA**

£9.50

Pieces of tender 'off the bone' chicken or lamb lightly spiced and barbecued in the tandoor. Served with salad

## **CHICKEN/LAMB SHASHLICK**

£10.95

Chicken or lamb marinated in special spices and barbecued with onions, capsicum and tomatoes and barbecued in the tandoor. Served with salad

## **PANEER TIKKA SHASHLICK**

£10.95

Paneer cheese marinated in spices and barbecued with onions, capsicum and tomatoes. Served with salad

## **MUGHAL LAMB CHOPS**

£13.95

Lamb chops marinated in spiced yoghurt sauce and grilled in the tandoor. Served with salad

## **CHICKEN/LAMB**

## **SHASHLICK FLAMBÉ**

£13.95

Chicken or lamb shashlick garnished and flambéed with brandy. Served with salad

## **TANDOORI MIXED GRILL**

£13.95

Lamb and chicken tikka, tandoori chicken and sheek kebab marinated separately in special spices and barbecued in the tandoor. Served with salad and a naan bread

## **TANDOORI KING PRAWN**

£13.95

King prawns marinated in specially selected spices and barbecued in the tandoor. Served with salad

## **TANDOORI KING**

## **PRAWN SHASHLICK**

£14.95

King prawns marinated in special spices and barbecued with onions, capsicum and tomatoes. Served with salad

# Vegetable Selection (Sides)

£5.95

## **GOBI BHAJI**

Cauliflower with cumin

## **BINDI BHAJI**

Fine cut okra with coriander and turmeric

## **BOMBAY ALOO**

Spiced potatoes

## **BRINJAL BHAJI**

Aubergine chunks spiced with onions, garlic and tomatoes

## **CHANA MASALA**

Chickpeas cooked in spices

## **VEGETABLE STIR-FRY JHALFREZI**

Mixed vegetables tossed with red onion, tomatoes and roasted spices

## **MUSHROOM BHAJI**

Chopped mushrooms with garlic and spices

## **SAAG ALOO**

Spinach and potatoes spiced with herbs

## **SAAG PANEER**

Spinach cooked with garlic and onions with an Indian cheese sauce

## **TARKA DALL**

Lentils cooked with fresh garlic and herbs

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# Rice

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## PLAIN BASMATI RICE

Steamed basmati rice

£3.50

## PILLAU RICE

Basmati rice cooked in selected spices

£3.50

## MUSHROOM RICE

Basmati rice cooked with mushrooms

£4.95

## SPECIAL RICE

Basmati rice fried with egg, peas and onions

£4.95

## ADRAKHI RICE

Basmati rice lightly stir-fried with ginger and slices of fresh chilli

£4.95

## COCONUT RICE

Basmati rice with coconut

£4.95

# Breads

## CHAPPATI

Thin dough bread

£2.95

## NAAN

Fresh flat bread baked in the tandoor

£3.50

## LACCHA PARATHA

Leavened bread, lightly fried in ghee

£3.95

## GARLIC NAAN

Naan with a light coating of garlic

£3.95

## KEEMA NAAN

Naan stuffed with spiced minced lamb

£3.95

## PESHWARI NAAN

Naan stuffed with coconut and almonds

£3.95

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